

Our MISSION

Women's Well-being Center (WWC) welcomes all individuals who would benefit from women's spaces. WWC is inclusive toward transgender women and gender diverse individuals.

The WWC is committed to guiding, supporting, and inspiring Every Woman acquire the ability to maintain and enhance her life to the fullest as she seeks further independence in her community.



LOS ANGELES COUNTY
DEPARTMENT OF
MENTAL HEALTH
hope. recovery. wellbeing.

**WWC IS COMMITTED
TO SUPPORTING
EVERY WOMAN
IN ACQUIRING THE ABILITIES
TO ENHANCE HER LIFE TO
THE FULLEST.**



**WOMEN'S
WELL-BEING
CENTER**

8300 S. Vermont Ave. First Floor
Los Angeles, CA 90044
Tel: (323) 525-6400
Fax: (323) 565-2133

Women's WELL-BEING Center

"Nothing can dim the light
that shines from within"
- Maya Angelou



I'm Every Woman!

GUIDING, SUPPORTING & INSPIRING EVERY WOMAN

WHAT WE OFFER

Our TEAM

WWC's foundation is built on Peer Support. Our Community Health Workers (CHW's) are available to help guide you throughout your day. Their lived experience, knowledge, and expertise offer a means of understanding how best to support you and your growth.

WWC Client Criteria:

- Must be at least 18 years+
- All women and gender diverse individuals
- 12 months of prior mental health treatment in the past 5 years
- Ability to use adaptive coping skills to manage difficult situations
- No need for intensive case management or therapeutic services
- Independently functioning and participating in meaningful roles at home and within the community
- Ability to stay engaged and consistent with treatment team

Our SERVICES

Our Women's Well-being Center (WWC), located in South Los Angeles, serves all people who would benefit from women's spaces. Our WWC team is available Monday-Friday from 8:00am to 5:00pm

The mental health services offered at the WWC are developed to present treatment options to clients, who no longer require the more intensive, hands-on services offered by traditional outpatient clinics. WWC staff will empower clients to take responsibility of their own continued mental health journey.

As the WWC continues to grow staff will be providing an array of services such as therapy, medication support, mental health services, peer support, health and wellness groups, and housing services.

Our GOAL

To guide and assist clients as they develop personal and individualized treatment goals.

To support client in identifying their mental health triggers and increase self-efficacy by utilizing their coping skills.

To support clients in creating and maintaining meaningful life roles.

To provide compassion and empathy as clients continue to reconnect, grow, and thrive within their community.

To assist and guide clients in navigating the various community agencies and other resources such food, shelter, and clothing.

To support clients as they develop pre-employment skills (i.e. interviewing skills, resume building, effective communication, etc.) to pursue gainful employment.



LOS ANGELES COUNTY
DEPARTMENT OF
MENTAL HEALTH
hope. recovery. wellbeing.